



Term 2 Issue 1

Newsletter

May 2025

Ninna Marni everyone

Our apologies for not publishing a newsletter in April, but with all of the public holidays and school holidays, the time got away from us!

We hope that that you all managed to have some wonderful family time together over the long weekends and of course Mother's Day.

It is fitting that the newsletter goes out this week, which is actually National Families Week.

[National Families Week – An initiative of Families Australia](http://www.nfw.org.au)



The theme this year is “Lending a hand to thrive: supporting each other” which is highlighting the importance of connection, care and resilience within families. It is an opportunity to reflect on the strength of the relationships within our families, to connect with one another and support each other.

We recognise that there are many different kinds of families within our Centre, and we see every day how you not only support the people in your own family, but support other families as well- that is what makes a strong community.

Did you know that the C.a.F.E. part of our name stands for “**Children and Families Everywhere**”, and that we are a Centre for early childhood development & **parenting**? We are also here to help support you and your family to thrive.

You are welcome to come into our Community space any time of day to have a tea or coffee & talk with other parents or someone from the Centre.

Important Dates

May 12-18	National Families week
May 23	Preschool Pupil Free day (child care is open)
May 21	Management Committee 6-8
May 27- June 3	National Reconciliation Week
June 7	Dad's Playgroup 9:30-11
June 9	CENTRE CLOSED- Public Holiday
June 14	Working Bee 9-11am

POLICIES CURRENTLY UNDER REVIEW:

If you would like to contribute to the review of this policy, it is available to read on our [website](http://www.cafeenfieldcc.sa.edu.au) or you can request a copy from the office.

- [Asthma Policy](#)
- [Accident Prevention Policy](#)

RATED

EXCEEDING

NATIONAL QUALITY STANDARD





C.a.F.E Enfield
Children's Centre
for Early Childhood
Development and Parenting



Dear parents

“Would You like to join us for a chat & a Tea or Coffee?”

The Yitpi Tarnanthi and Karra Rooms invite you to join them in the Community space.

Tuesday 17th June 8:30-9:30am

Or

Thursday 19th June 8:30-9:30

This is an opportunity to meet other parents & have a chat with an Educator or ask questions about what happens in your child's room (after you have dropped your child off).



Please RSVP to Jill tel: 8342 3329 or email

jill.meldrum@sa.gov.au

Staffing Information

Valuing our staff team

Staffing continuity and consistency is really important to us and we know how important it is for children too., but unfortunately, life sometimes gets in the way and it is not always possible. We work hard to ensure that our educators are supported and respected so that they feel valued and want to work here for as long as possible. That is why we put so much time, effort (& money) into professional development for our staff

Did you know that....

- More than half off our team have worked here for more than 5 years!
- 13 people have worked here for more than 10 years!!
- 7 people for more than 15 years!!! (and some of them are getting very close to 20 years service!)

Thank you

We would like to thank our exceptional group of relief educators (Komal, Masuma, Emma, Leanne & Lu) who work throughout the Centre when staff are sick, on holidays, attending training, meetings or programming. They are a really valued part of our team and we are grateful for their professionalism, flexibility and ability to work in any room, supporting the core group of educators, and building such strong relationships with children.

Welcome back Leah

This term we are so thankful that Leah has been re-joined our team in the Kangkulya Room (preschool) after a lengthy break for health reasons. Leah has been a part of our Centre since 2010 so she has been dearly missed.

Welcome Yifan

This week we welcomed Yifan to our Karra Room team- (replacing Violetta who finished last December). It was a lengthy recruitment process but we are really excited to have Yifan join the team on Mondays, Tuesdays and Fridays until she completes her Diploma studies at TAFE at the end of June (then she will also work Thursdays). Please introduce yourself when you can.

Goodbye Kate....

As we welcome new & returning people to the team, we also must sadly say goodbye to Kate who will be finishing at the end of June. Kate first began at the Centre as a parent way back in 2006 and joined our team as an educator in 2008.

Kate's impact on our Centre, her colleagues, the families and of course the children can not be overstated! She is a driven, passionate, energetic and highly influential educator and her imprint on the Centre can be seen and felt everywhere- from the outdoor yard and the Beyond Space to our Reconciliation Action Plan and the ways in which Aboriginal and Torres Strait Islander perspectives are embedded in our practice.

Kate is a strong advocate for children and families, she has mentored fellow educators, dozens of student educators and has been a member of the Early Childhood Australia SA branch Committee for many years becoming a respected leader on the importance of play for children's learning- culminating in Kate receiving an **Educators SA Recognition of Excellence Award in 2021.**

Please read Kate's letter on the next page, and help us say goodbye at our Mid- Year celebration on June 28

Letter from Kate

Dear families,

It is with many mixed emotions that after 17 years, I have made the very difficult decision to resign at the end of term 2.

My wish is to move to Tassie to be closer to my Mum. I have seen my two children grow into strong, capable, independent (almost!) young people, with jobs and are now at the beginning stage of building their own lives. Now I feel a new stage and chapter is beginning for me....I feel nervous but excited for new Challenges and opportunities and know I will always be a parent and a friend, no matter where I am.

Being a part of watching and supporting the children, families, educators, and spaces grow and develop for so many years will be some of my most treasured memories. My favourite memories are of having campfires in the back yard!

I thank you all for giving me this opportunity to be a part of your lives and this community for so long. Guiding, supporting, influencing young children's earliest development and growth is truly a privilege I will never take for granted, and being able to develop lifelong treasured friendships and memories is the best bonus!

I will be forever grateful for the learning and professional development opportunities I have received and the person I have become from my time at C.a.F.E Enfield Children's Centre.

Warmest regards,

Kate





Food Allergy Week was created by Allergy & Anaphylaxis Australia to raise awareness of food allergy in Australia. Awareness and education help reduce the risk of allergic reactions, and effectively treat potentially life-threatening emergencies when they happen. Held in the last week of May each year, Food Allergy Week is dedicated to promoting community understanding of food allergy.

Australia has one of the highest rates of food allergies in the world, with more than 1.5 million Australians living with a food allergy. We also have one of the highest rates of hospital anaphylaxis admissions in the world. There has been a 51% increase in anaphylaxis presentations to emergency departments in a 5-year period, growing to more than 11,500 per year.

In 2025 the **theme for Food Allergy Week is focused on travelling with food allergy**

What we do at our Centre to minimise the risks of food allergy reactions- *We want to work together with you to keep your child safe and healthy.*

We have a number of policies, procedures and practices in place to help us to be an Allergy Aware Centre and minimise the risk to children. Some of these things you (as parents) can help us with include not bringing in any food from home, notifying us of any diet/health related issues your child may experience and completing Health Support Agreements.

In the kitchen our cooks (Lisa & Emma) have detailed lists of all the children with special diets and allergies displayed so there are visual reminders and notes for every day of the week about foods to be avoided or substituted for each child. They also check the ingredients listed on food packaging for hidden ingredients, and have also completed online Allergy Aware training courses.

We minimise risk in the ways that we purchase foods and plan menus too. For example, we use non-dairy spreads for toast and sandwiches and non-dairy milk when baking. We aim to be a nut-free centre, and we have eliminated using eggs.

In your child's room, and on every food service trolley, there are photo diet cards displayed so every educator can easily check if there are children with allergies before serving food or drinks. They are also aware of children's diet plans, Allergy Action Plans and Medication plans. There are always educators onsite who have completed First Aid Training, including anaphylaxis management.

If you have any questions or want any further information, please speak to the educators in your child's room or our cooks. You can also check out the policies on our [website](#) like the Child Health policy, or the Healthy Food and Nutrition policy.